



# 2026 July

**\*Massages & Energy Work\*  
Available By Appointment**

**Must call to book with a gift card  
724-260-0472**

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	<i>Open Mondays for Special Events</i>		<b>10AM 1</b> <b>Restorative Yoga w/Reiki Healing</b>  <b>1pm</b> <b>Restorative Yoga w/Reiki Healing</b>	2	3	<b>4</b> 
<b>5</b>  <b>CLOSED</b>	6	7	<b>8</b> <b>10AM</b> <b>Restorative Yoga w/Reiki Healing</b>  <b>6PM - Sound Bath Brooke</b> <b>7:15PM - Sound Bath Brooke</b>	<b>9</b>  <b>6PM</b> <b>Belly Dancing Class w/ Sandra</b>	<b>10</b>  <b>6PM</b> <b>Sound Bath w/Krystle</b>	11
12  <b>6PM</b> <b>Past Life Meditation w/ Neysha</b>	13	<b>14</b>  <b>6PM</b> <b>Guided Meditation &amp; Energy Healing w/ Kara</b>	<b>15</b>  <b>10AM</b> <b>Restorative Yoga w/Reiki Healing</b>	16	17	18
19  <b>430PM</b> <b>Sound Bath w/Krystle</b>	20	21	<b>22</b>  <b>10AM</b> <b>Restorative Yoga w/Reiki Healing</b>	<b>23</b>  <b>6PM</b> <b>Belly Dancing Class w/ Sandra</b>	24	25
26  <b>3 to 4:30PM</b> <b>Spiritual Development w/Neysha</b>	27	28	<b>29</b> <b>10AM</b> <b>Restorative Yoga w/Reiki Healing</b>  <b>6PM</b> <b>Past Life Meditation w/ Neysha</b>	30	31	



2026

# August

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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1
2	3	4	5 <b>10AM Restorative Yoga w/Reiki Healing</b>	6 <b>6PM Belly Dancing Class w/ Sandra</b>	7 <b>6PM Sound Bath w/Krystle</b>	8
9 <b>3PM Past Life Meditation w/ Neysha</b>	10	11 <b>6PM Guided Meditation &amp; Energy Healing w/ Kara</b>	12 <b>10AM Restorative Yoga w/Reiki Healing</b>	13	14	15
16 <b>430PM Sound Bath w/Krystle</b>	17	18	19 <b>10AM Restorative Yoga w/Reiki Healing</b>  <b>6PM - Sound Bath Brooke 7:15PM - Sound Bath Brooke</b>	20	21	22
23  30 <b>3 to 4:30PM Spiritual Development w/Neysha</b>	24  31 	25	26 <b>10AM Restorative Yoga w/Reiki Healing</b>  <b>6PM Past Life Meditation w/ Neysha</b>	27	28	29