



2026 June

Massages & Energy Work
Available By Appointment

Must call to book with a gift card
724-260-0472

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 <i>Open Mondays for Special Events</i>	2	3 10AM Restorative Yoga w/ Reiki Healing	4 6PM Restorative Yoga w/ Reiki Healing	5 6PM Sound Bath w/Krystle	6
7 4PM Sound Bath w/Michele	8	9 6PM Guided Meditation & Energy Healing w/ Kara	10 10AM Restorative Yoga w/Reiki Healing 6PM - Sound Bath Brooke 7:15PM - Sound Bath Brooke	11	12	13
14 1PM Breathe & Tap In Kids w/Sandy	15	16	17 10AM Restorative Yoga w/ Reiki Healing	18 6PM Belly Dancing Class w/Sandra	19 Juneteenth!	20 11AM to 3PM Spiritual Readings w/ Kara (30 min readings)
21 9:30am Rose Light Sound Bath w/Jeanine 430pm Sound Bath w/Krystle	22	23 430pm Sound Bath w/Krystle	24 10AM Restorative Yoga w/Reiki Healing 6PM Past Life Meditation w/ Neysha	25	26	27
28 3 to 4:30PM Spiritual Development w/Neysha Subject: "Ego & Shadow"	29	30				

Father's Day!



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	<i>Open Mondays for Special Events</i>		1 10AM Restorative Yoga w/Reiki Healing	2 6PM Belly Dancing Class w/ Sandra	3 6PM Sound Bath w/Krystle	4 CLOSED 4th of July
5	6	7	8 10AM Restorative Yoga w/Reiki Healing 6PM - Sound Bath Brooke 7:15PM - Sound Bath Brooke	9	10	11
12 6PM Past Life Meditation w/ Neysha	13	14 6PM Guided Meditation & Energy Healing w/ Kara	15 10AM Restorative Yoga w/Reiki Healing	16 6PM Belly Dancing Class w/ Sandra	17	18
19 430PM Sound Bath w/Krystle	20	21	22 10AM Restorative Yoga w/Reiki Healing	23	24	25
26 3 to 4:30PM Spiritual Development w/Neysha	27	28	29 10AM Restorative Yoga w/Reiki Healing 6PM Past Life Meditation w/ Neysha	30 6PM Belly Dancing Class w/ Sandra	31	