



# 2026 April

**\*Massages & Energy Work\***  
**Available By Appointment**

Must call to book with a gift card  
 724-260-0472

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	<i>Open Mondays for Special Events</i>		1 <b>10AM Restorative Yoga w/ Reiki Healing</b>	2	3 <b>10:15AM Story Time in the Cave</b>  <b>6PM Sound Bath/w Krystle</b>	4
5 <b>Easter</b>	6	7 <b>6PM Guided Meditation &amp; Energy Healing w/ Kara</b>	8 <b>10AM Restorative Yoga w/ Reiki Healing</b>	9 <b>6PM Restorative Yoga w/ Reiki Healing</b>	10	11 <b>2:00PM KIDS CLASS Breathe &amp; Tap In</b>
12 <b>4pm Sound Bath w/Michele</b>	13	14	15 <b>10AM Restorative Yoga w/Reiki Healing</b> <b>6PM - Sound Bath Brooke 7:15PM - Sound Bath Brooke</b>	16	17	18
19 <b>4:30PM Sound Bath/w Krystle</b>	20	21	22 <b>10AM Restorative Yoga w/ Reiki Healing</b>	23 <b>6PM Restorative Yoga w/ Reiki Healing</b>	24 <b>10:15AM Story Time in the Cave</b>	25 <b>6PM Roselight Sound Bath w/Jeanine</b>
26	27	28	29 <b>10AM Restorative Yoga w/Reiki Healing</b>  <b>6PM Past Life Meditation w/ Neysha</b>	30		



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	<b>Open Mondays for Special Events</b>				1 <b>6PM Sound Bath w/Krystle</b>	2
3 <b>4PM Sound Bath w/Michele</b>	4	5 <b>6PM Guided Meditation &amp; Energy Healing w/ Kara</b>	6 <b>10AM Restorative Yoga w/ Reiki Healing</b>	7 <b>6PM Restorative Yoga w/ Reiki Healing</b>	8	9
10 <b>Mother's Day</b>	11	12	13 <b>10AM Restorative Yoga w/ Reiki Healing</b>	14	15	16
17 <b>430pm Sound Bath w/Krystle</b>	18	19	20 <b>10AM Restorative Yoga w/Reiki Healing 6PM - Sound Bath Brooke 7:15PM - Sound Bath Brooke</b>	21 <b>6PM Restorative Yoga w/ Reiki Healing</b>	22	23
24  31	25	26	27 <b>10AM Restorative Yoga w/Reiki Healing  6PM Past Life Meditation w/ Neysha</b>	28	29	30 <b>6PM Roselight Sound Bath w/Jeanine</b>