



2025

# November

\*Massages & Energy Work\*  
Available By Appointment

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
					1	2
3	<div>4</div> <div></div> <div>6 to 7:30PM</div> <div>*Crystal Class w/ Sandy*</div>	<div>5</div> <div>10AM</div> <div>Restorative Yoga w/ Reiki Healing</div>	<div>6</div> <div>10:15AM</div> <div>Story Time in the Cave</div>	7	8	9
10	<div>11</div> <div>6PM</div> <div>Guided Meditation &amp; Energy Healing w/ Kara</div>	<div>12</div> <div>10AM</div> <div>Restorative Yoga w/ Reiki Healing</div>	<div>13</div> <div>10:15AM</div> <div>Story Time in the Cave</div>	14	15	<div>16</div> <div>4:15PM</div> <div>Sound Bath w Krystle</div>
17	<div>18</div> <div>5:15PM</div> <div>Breathe &amp; Tap In Kids Class 8yrs+</div>	<div>19</div> <div>6PM - Sound Bath Brooke</div> <div>7:15PM - Sound Bath Brooke</div>	<div>20</div> <div>10:15AM</div> <div>Story Time in the Cave</div>	21	22	<div>23</div> <div>1PM</div> <div>Past Life Meditation w/ Neysha</div> <div>3 to 4:30PM</div> <div>Spiritual Development w/ Neyshsa</div>
24	<div>25</div> <div>BLACK FRIDAY BOUTIQUE SALE!!!</div> <div></div>	<div>26</div> <div>BLACK FRIDAY BOUTIQUE SALE!!!</div> <div></div>	<div>27</div> <div></div> <div>CLOSED</div> <div>Happy Thanksgiving</div> <div></div>	<div>28</div> <div>BLACK FRIDAY BOUTIQUE SALE!!!</div> <div></div> <div>SMALL BUSINESS SATURDAY GIFT CARD SALE!!!</div> <div></div>	<div>29</div> <div>BLACK FRIDAY BOUTIQUE SALE!!!</div> <div></div> <div>SMALL BUSINESS SATURDAY GIFT CARD SALE!!!</div> <div></div>	<div>30</div> <div>BLACK FRIDAY BOUTIQUE SALE!!!</div> <div></div> <div>SMALL BUSINESS SATURDAY GIFT CARD SALE!!!</div> <div></div>



2025

# December

**\*Massages & Energy Work\***  
**Available By Appointment**

**SMALL BUSINESS  
SATURDAY GIFT CARD SALE  
ALL DECEMBER!!!**



Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
1	2	3	4 10:15AM Story Time in the Cave	5  6PM Sound Bath w Krystle	6	7  4PM Sound Bath w Michele
8	9  6PM Guided Meditation & Energy Healing w/ Kara	10  6PM Chakras 101 Workshop w/ Brooke	11	12	13	14  3PM Past Life Meditation w/ Neysha
15	16	17  6PM - Sound Bath Brooke 7:15PM - Sound Bath Brooke	18	19	20	21  4:15PM Sound Bath w Krystle
22	23	24	25  <b>CLOSED</b> <b>Merry Christmas!</b>	26	27	28  3 to 4:30PM Spiritual Development w/ Neysha
29	30	31  <b>CLOSED</b> <b>Happy New Year!</b>				