



2025

November

Massages & Energy Work
Available By Appointment

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
					1	2
3	4 6 to 7:30PM *Crystal Class w/ Sandy*	5 10AM Restorative Yoga w/ Reiki Healing	6 10:15AM Story Time in the Cave	7	8	9
10	11 6PM Guided Meditation & Energy Healing w/ Kara	12 10AM Restorative Yoga w/ Reiki Healing	13 10:15AM Story Time in the Cave	14	15	16 4:15PM Sound Bath w Krystle
17	18 5:15PM Breathe & Tap In Kids Class 8yrs+	19 6PM - Sound Bath Brooke 7:15PM - Sound Bath Brooke	20 10:15AM Story Time in the Cave	21	22	23 1PM Past Life Meditation w/ Neysha 3 to 4:30PM Spiritual Development w/ Neyhsa
24	25 BLACK FRIDAY BOUTIQUE SALE!!! 	26 BLACK FRIDAY BOUTIQUE SALE!!! 	27 CLOSED Happy Thanksgiving	BLACK FRIDAY BOUTIQUE SALE!!! GIFT CARD	BLACK FRIDAY BOUTIQUE SALE!!! GIFT CARD	BLACK FRIDAY BOUTIQUE SALE!!! GIFT CARD
				SMALL BUSINESS SATURDAY GIFT CARD SALE!!!	SMALL BUSINESS SATURDAY GIFT CARD SALE!!!	SMALL BUSINESS SATURDAY GIFT CARD SALE!!!



2025 December

Massages & Energy Work
Available By Appointment



SMALL BUSINESS
SATURDAY GIFT CARD SALE
ALL DECEMBER!!!

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
1	2	3	4 10:15AM Story Time in the Cave	5 6PM Sound Bath w Krystle	6	7 4PM Sound Bath w Michele
8	9 6PM Guided Meditation & Energy Healing w/ Kara	10 6PM Chakras 101 Workshop w/ Brooke	11	12	13	14 3PM Past Life Meditation w/ Neysha
15	16	17 6PM - Sound Bath Brooke 7:15PM - Sound Bath Brooke	18	19	20	21 4:15PM Sound Bath w Krystle
22	23	24	25 CLOSED Merry Christmas! 	26	27	28 3 to 4:30PM Spiritual Development w/ Neysha
29	30	31 Happy New Year! CLOSED				